

# ON THEOREMS OF WIRSING AND SANDERS

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ABSTRACT. We generalize an argument of Wirsing to vector spaces over finite fields and use it to prove a result of Sanders.

## 1. INTRODUCTION

For two sets  $X, Y$  we denote by  $X + Y$  the sumset  $\{x + y : x \in X, y \in Y\}$  and by  $kX$  the  $k$ -fold sumset  $X + \cdots + X$  ( $k$  times). A set  $H \subset \mathbb{Z}$  is called an *essential component* if  $\sigma(A + H) > \sigma(A)$  for any  $A \subset \mathbb{Z}$  with  $0 < \sigma(A) < 1$ , where  $\sigma(A)$  is the Schnirelmann density of  $A$ . In [8], Wirsing constructed essential components in  $\mathbb{Z}$  with small counting functions. He also proved the following finite version of his main result.

**Theorem 1** ([8, Theorem 4]). *Let  $n \geq 1$  and  $A \subset \mathbb{Z}$  be any subset of  $[1, 2^n]$ . Let  $H = \{\pm 2^k : k \geq 0\} \cup \{0\}$  and  $B = (A + H) \cap [1, 2^n]$ . Then we have*

$$|B| \geq |A| + \sqrt{\frac{2}{n}}|A| \left(1 - \frac{|A|}{2^n}\right).$$

Wirsing's argument is elementary, very simple and surprisingly effective. In this note, we will adapt Wirsing's argument to prove an analogous result for vector spaces over a finite field. The adaptation is straightforward for  $\mathbb{F}_2^n$ , but less so for  $\mathbb{F}_p^n$ .

**Theorem 2.** *Let  $p$  be a prime and  $e_1, \dots, e_n$  be a basis of  $\mathbb{F}_p^n$ . Put  $H = \{e_1, \dots, e_n\} \cup \{0\}$ . Then for any  $A \subset \mathbb{F}_p^n$ , we have*

$$|A + H| \geq |A| + \frac{c(p)}{\sqrt{n}}|A| \left(1 - \frac{|A|}{p^n}\right)$$

for some constant  $c(p) > 0$ . We can take  $c(2) = \sqrt{2}$  and  $c(p) = \Omega(p^{-3/2})$ .

As an application, we will deduce quickly the following generalization of a theorem of Sanders ([7, Theorem 1.2]). By the *density* of a subset  $A \subset X$  in  $X$ , we mean  $\frac{|A|}{|X|}$ .

**Theorem 3.** *Let  $p$  be a prime. Then there is a constant  $c'(p) > 0$  such that the following holds. If  $A \subset \mathbb{F}_p^n$  has density  $\alpha > 1/2 - \frac{c'(p)}{\sqrt{n}}$ , then  $A - A$  contains a subspace of codimension 1.*

Sanders' theorem is a special case of Theorem 3 when  $p = 2$ . In Section 2 we will prove a general result for Cartesian products (Theorem 4 below). Theorems 2 and 3 are proved in Sections 3 and 4, respectively.

## 2. WIRSING'S ARGUMENT FOR CARTESIAN PRODUCTS

Let  $(q_k)_{k=1}^\infty$  be a sequence of positive integers. Write  $I_k = \{0, 1, \dots, q_k - 1\}$ . Define

$$Q_n = \prod_{k=1}^n I_k.$$

The *Hamming distance* between two elements  $\mathbf{x} = (x_1, \dots, x_n)$  and  $\mathbf{y} = (y_1, \dots, y_n)$  of  $Q_n$  is

$$d(\mathbf{x}, \mathbf{y}) := |\{1 \leq i \leq n : x_i \neq y_i\}|. \quad (1)$$

For a set  $A \subset Q_n$  and  $r \geq 0$ , we define the neighborhood of  $A$  with radius  $r$  as

$$B(A, r) = B_n(A, r) = \{\mathbf{x} \in Q_n : \text{there exists } \mathbf{y} \in A \text{ such that } d(\mathbf{x}, \mathbf{y}) \leq r\}.$$

We will prove the following:

**Theorem 4.** *For any set  $A \subset Q_n$ , we have*

$$|B_n(A, 1)| \geq |A| + \sqrt{\frac{2}{\sum_{i=1}^n (q_i - 1)}} |A| \left(1 - \frac{|A|}{|Q_n|}\right). \quad (2)$$

*Remark 2.1.* After writing this paper, we learned that in the special case  $Q_n = \{0, 1\}^n$ , Theorem 4 appeared as [2, Theorem 3] with a very similar argument.

We will need the following estimate in the proof of Theorem 4.

**Lemma 5.** *For any nonnegative real numbers  $x_1, \dots, x_m$ , we have*

$$\sum_{1 \leq i \leq j \leq m} (x_i + x_{i+1} + \dots + x_j)^2 \leq m \left( \sum_{i=1}^m (x_1 + \dots + x_i) \right)^2 \quad (3)$$

*Proof.* This follows simply from comparing coefficients. For  $1 \leq k \leq m$ , the coefficient of  $x_k^2$  in LHS is  $k(m+1-k)$ , while its coefficient in RHS is  $m(m+1-k)^2$ . For  $1 \leq k < l \leq m$ , the coefficient of  $x_k x_l$  in LHS is  $2k(m+1-l)$ , while its coefficient in RHS is  $2m(m+1-l)(m+1-k)$ .  $\square$

*Proof of Theorem 4.* Let  $\zeta_n$  be a sequence of positive reals which will be determined later. Ultimately, we will make the choice  $\zeta_n = \sqrt{\frac{2}{\sum_{i=1}^n (q_i - 1)}}$ , but for now we will write them as generic numbers. The conditions imposed on the  $\zeta_n$ 's will come from the proof.

We will prove by induction on  $n$  that for any  $A \subset Q_n$ , we have

$$|B_n(A, 1)| \geq |A| + \zeta_n |A| \left(1 - \frac{|A|}{|Q_n|}\right). \quad (4)$$

When  $n = 1$  and  $A \subset Q_1$ , we have  $B_1(A, 1) = Q_1$ . We see easily that (4) is true whenever

$$\zeta_1 \leq \frac{q_1}{q_1 - 1}. \quad (5)$$

For the inductive step, suppose (4) is true for all subsets of  $Q_{n-1}$  with a constant  $\zeta_{n-1}$  in place of  $\zeta_n$ . For  $X \subset Q_{n-1}, Y \subset I_n$ , we write

$$X \oplus Y = \{(\mathbf{x}, y) \in Q_n : \mathbf{x} \in X, y \in Y\}.$$

Let  $A \subset Q_n$ . For any  $i \in I_n$ , we define

$$A_i = \{\mathbf{a} \in Q_{n-1} : (\mathbf{a}, i) \in A\}.$$

Then clearly we have the partition

$$A = \bigsqcup_{i=0}^{q_n-1} A_i \oplus \{i\}, \quad (6)$$

and consequently

$$|A| = \sum_{i=0}^{q_n-1} |A_i|. \quad (7)$$

Our first observation is that for any  $i \in I_n$ , we have  $A_i \oplus I_n \subset B_n(A, 1)$ . This leads to the bound

$$|B_n(A, 1)| \geq q_n |A_i|. \quad (8)$$

for any  $i \in I_n$ . Next, we observe that for any  $i \in I_n$ , we have  $B_{n-1}(A_i, 1) \oplus \{i\} \subset B_n(A, 1)$ . Clearly the sets  $B_{n-1}(A_i, 1) \oplus \{i\}$  are disjoint. Thus we have yet another bound

$$|B_n(A, 1)| \geq \sum_{i=0}^{q_n-1} |B_{n-1}(A_i, 1)|. \quad (9)$$

Without loss of generality we may assume  $|A_0| \geq |A_1| \geq \dots \geq |A_{q_n-1}|$ . From (8) and (7), we have

$$|B_n(A, 1)| \geq |A| + \sum_{k=0}^{q_n-1} (|A_0| - |A_k|).$$

We distinguish two cases.

**Case 1:**

$$\sum_{k=0}^{q_n-1} (|A_0| - |A_k|) \geq \zeta_n |A| \left(1 - \frac{|A|}{|Q_n|}\right).$$

In this case (4) follows immediately.

**Case 2:**

$$\sum_{k=0}^{q_n-1} (|A_0| - |A_k|) \leq \zeta_n |A| \left(1 - \frac{|A|}{|Q_n|}\right). \quad (10)$$

Using (9) and the induction hypothesis for each  $A_k \subset Q_{n-1}$ , we have

$$\begin{aligned} |B_n(A, 1)| &\geq \sum_{k=0}^{q_n-1} \left\{ |A_k| + \zeta_{n-1} |A_k| \left(1 - \frac{|A_k|}{|Q_{n-1}|}\right) \right\} \\ &= |A| + \zeta_{n-1} |A| - \frac{\zeta_{n-1}}{|Q_{n-1}|} \sum_{k=0}^{q_n-1} |A_k|^2. \end{aligned} \quad (11)$$

Moreover, one has

$$\sum_{k=0}^{q_n-1} |A_k|^2 = \frac{1}{q_n} \left( |A|^2 + \sum_{0 \leq i < j \leq q_n-1} (|A_i| - |A_j|)^2 \right). \quad (12)$$

For  $i = 1, 2, \dots, q_n - 1$ , put  $x_i = |A_{i-1}| - |A_i| \geq 0$ . Then (10) reads

$$\sum_{i=1}^{q_n-1} (x_1 + \dots + x_i) \leq \zeta_n |A| \left(1 - \frac{|A|}{|Q_n|}\right).$$

On the other hand,

$$\sum_{0 \leq i < j \leq q_n - 1} (|A_i| - |A_j|)^2 = \sum_{1 \leq i \leq j \leq q_n - 1} (x_i + x_{i+1} + \dots + x_j)^2.$$

Thus Lemma 5 implies that

$$\sum_{k=0}^{q_n-1} |A_k|^2 \leq \frac{1}{q_n} \left( |A|^2 + (q_n - 1) \zeta_n^2 |A|^2 \left(1 - \frac{|A|}{|Q_n|}\right)^2 \right). \quad (13)$$

Putting this into (11), it follows that

$$\begin{aligned} |B_n(A, 1)| &\geq |A| + \zeta_{n-1} |A| - \frac{\zeta_{n-1}}{|Q_n|} \left( |A|^2 + (q_n - 1) \zeta_n^2 |A|^2 \left(1 - \frac{|A|}{|Q_n|}\right)^2 \right) \\ &= |A| + \zeta_{n-1} |A| \left(1 - \frac{|A|}{|Q_n|}\right) - \frac{\zeta_{n-1}}{|Q_n|} \cdot (q_n - 1) \zeta_n^2 |A|^2 \left(1 - \frac{|A|}{|Q_n|}\right)^2 \\ &\geq |A| + \zeta_{n-1} \left(1 - (q_n - 1) \frac{\zeta_n^2}{4}\right) |A| \left(1 - \frac{|A|}{|Q_n|}\right). \end{aligned} \quad (14)$$

Here (14) follows from the fact that  $\frac{|A|}{|Q_n|} \left(1 - \frac{|A|}{|Q_n|}\right) \leq \frac{1}{4}$ . Thus (4) follows if we have

$$\zeta_{n-1} \left(1 - (q_n - 1) \frac{\zeta_n^2}{4}\right) \geq \zeta_n. \quad (15)$$

We now choose  $\zeta_n = \sqrt{\frac{2}{\sum_{i=1}^n (q_i - 1)}}$ . Then  $\zeta_1 = \sqrt{\frac{2}{q_1 - 1}} \leq \frac{q_1}{q_1 - 1}$  and (5) is satisfied. The condition (15) is also satisfied, since

$$\zeta_n^2 = \zeta_{n-1}^2 \left(1 - (q_n - 1) \frac{\zeta_n^2}{2}\right) \leq \zeta_{n-1}^2 \left(1 - (q_n - 1) \frac{\zeta_n^2}{4}\right)^2.$$

□

It is possible to iterate (2) to give a non-trivial bound for  $B(A, r)$  for arbitrary  $r$ , and this is what Wirsing did in [8, Section 4.3].

### 3. PROOF OF THEOREM 2

We identify  $\mathbb{F}_p^n$  with  $Q_n = \{0, 1, \dots, p-1\}^n$  via the map

$$(x_1, \dots, x_n) \mapsto \sum_{i=1}^n x_i e_i.$$

Let  $E = \{e_1, \dots, e_n\}$ . Then  $B(A, 1) = A \cup (A + E) \cup \dots \cup (A + (p-1) \cdot E) \subset A + (p-1)H$  where  $k \cdot E := \{ke_i : i = 1, \dots, n\}$ . Theorem 4 implies that

$$|A + (p-1)H| \geq |A| + \sqrt{\frac{2}{(p-1)n}} |A| \left(1 - \frac{|A|}{p^n}\right).$$

We will use Plünnecke's inequality [5] in the following form ([6, Theorem 1.2.1]): if

$$\mu_k := \inf \left\{ \frac{|X + kH|}{|X|} : X \subset A, X \neq \emptyset \right\}$$

then the sequence  $\{\mu_k^{1/k}\}_{k=1}^\infty$  is decreasing.

For any  $X \subset A$ ,  $X \neq \emptyset$ , we have

$$\frac{|X + (p-1)H|}{|X|} \geq 1 + \sqrt{\frac{2}{(p-1)n}} \left(1 - \frac{|X|}{p^n}\right) \geq 1 + \sqrt{\frac{2}{(p-1)n}} \left(1 - \frac{|A|}{p^n}\right).$$

Therefore,

$$\mu_{p-1}^{1/(p-1)} \geq \left(1 + \sqrt{\frac{2}{(p-1)n}} \left(1 - \frac{|A|}{p^n}\right)\right)^{1/(p-1)} \geq 1 + \frac{c(p)}{\sqrt{n}} \left(1 - \frac{|A|}{p^n}\right)$$

for some  $c(p) = \Omega(p^{-3/2})$ . Since

$$\frac{|A + H|}{|A|} \geq \mu_1 \geq \mu_{p-1}^{1/(p-1)},$$

Theorem 2 follows. If  $p = 2$  then the use of Plünnecke's inequality is unnecessary and we can take  $c(2) = \sqrt{2}$ .

#### 4. PROOF OF THEOREM 3

Let  $A \subset \mathbb{F}_p^n$  be a subset of density  $\alpha > \frac{1}{2} - \frac{c'(p)}{\sqrt{n}}$ . By choosing  $c'(p)$  sufficiently small we can certainly assume that  $\alpha \geq 1/4$ . Like Sanders, we will first show:

**Claim 1:**  $A - A \supset (x + U)^c$  for some  $x \in \mathbb{F}_p^n$  and subspace  $U$  of codimension 1 of  $\mathbb{F}_p^n$ .

To put it in a different way,  $S := (A - A)^c$  is contained in an affine subspace of codimension 1. Suppose for a contradiction that this is not true. Let  $s$  be any element of  $S$ , then  $S - s$  contains  $n$  linearly independent vectors. Call them  $e_1, \dots, e_n$ . Put  $H = \{0, e_1, \dots, e_n\}$ , then we have  $s + H \subset S$ . By definition of  $S$ , we have  $(S + A) \cap A = \emptyset$ . Hence,

$$\frac{|H + A|}{p^n} = \frac{|s + H + A|}{p^n} \leq \frac{|S + A|}{p^n} \leq 1 - \alpha. \quad (16)$$

Sanders deduced a contradiction from this by repeated applications of Plünnecke's inequality and McDiarmid's inequality. Thanks to Theorem 2, we have a contradiction immediately. Indeed, since

$$\frac{|H + A|}{p^n} \geq \alpha + \frac{c(p)}{\sqrt{n}} \alpha (1 - \alpha) \geq \alpha + \frac{3}{16} \frac{c(p)}{\sqrt{n}},$$

we have a contradiction if we choose  $c'(p) \leq \frac{3}{32} c(p)$ . Claim 1 follows.

For the rest of the proof we argue similarly to Sanders.

**Claim 2:** If  $V \neq \{0\}$  is any subspace of  $\mathbb{F}_p^n$ , then  $A - A \supset V \setminus (U + x)$  for some subspace  $U$  of codimension 1 of  $V$  and  $x \in V$ .

We observe that, by averaging over  $t \in \mathbb{F}_p^n$ , there is a translate  $t + A$  such that the density of  $(t + A) \cap V$  in  $V$  is at least  $\alpha$ . Since  $A - A \supset (t + A) \cap V - (t + A) \cap V$ , Claim 2 follows from Claim 1.

**Claim 3:**  $A - A \supset (x + U)^c$  for some subspace  $U \lesssim \mathbb{F}_p^n$  and  $x \notin U$ .

To see that this implies Theorem 3, let  $W$  be any subspace of codimension 1 of  $\mathbb{F}_p^n$  such that  $U \subset W$  and  $x \notin W$  (the existence of  $W$  may be seen from taking a basis of  $\mathbb{F}_p^n$  containing  $x$  and a basis of  $U$ ). Then  $A - A \supset (x + U)^c \supset (x + W)^c \supset W$ .

We now prove Claim 3. Let  $U$  be the smallest subspace of  $\mathbb{F}_p^n$  such that  $(A - A) \supset (x + U)^c$  for some  $x$ . Such  $U$  exists by Claim 1. We now show that  $x \notin U$ . Suppose for a contradiction that  $x \in U$ , i.e.  $U^c \subset A - A$ . Since  $\{0\} \subset A - A$ , we have  $\dim U \geq 1$ . By Claim 2, there are a subspace  $U'$  of codimension 1 of  $U$  and  $y \in U$  such that  $A - A \supset U \setminus (U' + y)$ . Therefore,

$$A - A \supset U^c \cup (U \setminus (U' + y)) = (U' + y)^c$$

contradicting the minimality of  $U$ .

## 5. FURTHER DISCUSSIONS

It is instructive to compare Theorem 4 with other estimates for  $B(A, 1)$ . The case  $Q_n = \{0, 1\}^n$  (i.e., the hypercube) has been extensively studied in the context of vertex isoperimetric inequalities for graphs. Harper's theorem [3] says that among all sets  $A \subset \{0, 1\}^n$  of size  $k$ ,  $|B(A, 1)|$  is minimized when  $A$  is the first  $k$  elements in the simplicial ordering. For  $\mathbf{x} = (x_1, \dots, x_n), \mathbf{y} = (y_1, \dots, y_n) \in \{0, 1, 2, \dots\}^n$ , we set  $\mathbf{x} < \mathbf{y}$  in the simplicial ordering if either  $\sum_{i=1}^n x_i < \sum_{i=1}^n y_i$ , or  $\sum_{i=1}^n x_i = \sum_{i=1}^n y_i$  and for some  $j$  we have  $x_j > y_j$  and  $x_i = y_i$  for all  $i < j$ . In particular, if  $|A| = \sum_{i=0}^r \binom{n}{i}$  then  $|B(A, 1)|$  is minimized when  $A$  is a Hamming ball with radius  $r$ . Our bound (2) is weaker than Harper's when the density of  $A$  is small, but is comparable when the density of  $A$  is bounded away from 0 and 1 (see (20) below).

Bollobás and Leader [1, Theorem 8] generalized Harper's theorem to  $Q_n = \prod_{k=1}^n I_k$ , though their notion of Hamming distance is quite different from ours. Like Harper's theorem, their result is optimal, but it does not seem straightforward to extract from their result an explicit bound like (2).

McDiarmid's inequality [4, Corollary 7.6] states that if  $A \subset Q_n = \prod_{k=1}^n I_k$ , then

$$\frac{|B(A, r)|}{|Q_n|} \geq 1 - \frac{|Q_n|}{|A|} \exp\left(-\frac{r^2}{2n}\right). \quad (17)$$

The bound (17) is useful when  $r$  is large (for an application, see [9]), but sometimes it is worse than trivial (e.g. when the density of  $A$  in  $Q_n$  is close to 0 or 1). On the other hand, the bound given by (2) is always non-trivial.

Plünnecke's inequality implies that for any sets  $A, B$  in a commutative group, we have

$$|kB| \leq \left(\frac{|A+B|}{|A|}\right)^k |A|.$$

It gives the following bound.

**Proposition 6.** *If  $A \subset Q_n = \prod_{k=1}^n I_k$ , then*

$$|B(A, 1)| \geq |A| + \frac{1}{n}|A| \left(1 - \frac{|A|}{|Q_n|}\right). \quad (18)$$

*Proof.* We identify each  $I_k$  with a commutative group  $G_k$  on  $q_k$  elements and  $Q_n$  with the group  $\oplus_{k=1}^n G_k$ . Then  $B(A, 1) = A + B$ , where

$$B = \bigcup_{k=1}^n \{ \mathbf{x} = (0, \dots, 0, x_k, 0, \dots, 0) \in Q_n : x_k \in G_k \}.$$

Clearly  $nB = Q_n$ , hence

$$|Q_n| \leq \left( \frac{|B(A, 1)|}{|A|} \right)^n |A|.$$

which implies

$$|B(A, 1)| \geq |A| \left( \frac{|A|}{|Q_n|} \right)^{-1/n} \geq |A| + \frac{1}{n} |A| \left( 1 - \frac{|A|}{|Q_n|} \right)$$

as desired.  $\square$

In the special case where  $q_1 = \dots = q_n = q$ , Theorem 4 becomes.

**Corollary 7.** *Let  $q \geq 2$  and  $Q_n = \{0, 1, \dots, q-1\}^n$ . Then for any  $A \subset Q_n$ , we have*

$$|B(A, 1)| \geq |A| + \sqrt{\frac{2}{(q-1)n}} |A| \left( 1 - \frac{|A|}{|Q_n|} \right). \quad (19)$$

The factor  $\sqrt{n}$  in (19) is best possible in terms of order of magnitude. To see this, we take  $q = 2$  and

$$A = \left\{ (x_1, \dots, x_n) \in \{0, 1\}^n : \sum_{i=1}^n x_i \leq \frac{n}{2} \right\}.$$

Then

$$B(A, 1) = \left\{ (x_1, \dots, x_n) \in \{0, 1\}^n : \sum_{i=1}^n x_i \leq \frac{n}{2} + 1 \right\}.$$

and

$$\frac{1}{2} \leq \frac{|A|}{|Q_n|} \leq \frac{|B_n(A, 1)|}{|Q_n|} \leq \frac{1}{2} + O\left(\frac{1}{\sqrt{n}}\right) \quad (20)$$

where the last inequality follows from the central limit theorem (or from the fact that the largest binomial coefficient  $\binom{n}{r}$  is  $O\left(\frac{2^n}{\sqrt{n}}\right)$ ). On the other hand, there are many reasons to believe that the factor  $\sqrt{q-1}$  in (19) should not be there. Indeed, in the spirit of the previous example, we take

$$A = \left\{ (x_1, \dots, x_n) \in \{0, 1, \dots, q-1\}^n : \sum_{i=1}^n x_i \leq \frac{(q-1)n}{2} \right\}.$$

Then it is easy to see that

$$B(A, 1) \supset \left\{ (x_1, \dots, x_n) \in \{0, 1, \dots, q-1\}^n : \sum_{i=1}^n x_i \leq \frac{(q-1)(n+1)}{2} \right\}.$$

For this particular  $A$ , an application of the Berry-Esseen inequality shows that

$$|B(A, 1)| \geq |A| + \frac{1}{O(\sqrt{n})} |A| \left( 1 - \frac{|A|}{|Q_n|} \right)$$

where  $O(\sqrt{n})$  is independent of  $q$ . Furthermore, both the bounds (17) and (18) do not depend on the  $q_i$ 's. Thus it is natural to ask.

**Question 8.** *Is there a function  $f : [0, 1] \rightarrow \mathbb{R}$  such that  $f > 0$  on  $(0, 1)$  and*

$$\frac{|B(A, 1)|}{|Q_n|} \geq \alpha + \frac{1}{\sqrt{n}} f(\alpha)$$

*for all  $Q_n = \prod_{k=1}^n I_k$  and  $A \subset Q_n$  of density  $\alpha$ ?*

If the answer to Question 8 is affirmative then the constant  $c(p)$  in Theorem 2 can be taken to be  $\Omega(p^{-1})$  and it is easy to see that this is best possible.

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